Wild Camping Checklist

**Pack**

* Backpack / rucksack
* Hydration bladder
* Walking poles

**Clothes**

* Hiking trousers
* Base layer top
* Base layer bottom
* Wicking underwear
* Socks
* Liner socks
* Shorts
* Midlayer / fleece
* Down jacket
* Hat
* Gloves
* Glove liners
* Buff / snood
* Waterproof trousers
* Waterproof jacket
* Gaiters
* Sunglasses

**Camping gear**

* Tent
* Sleeping mattress / Thermarest
* Sleeping bag

**Electronics**

* Headlamp
* Tent lamp
* Mobile phone
* Camera
* Selfie stick
* Spare batteries
* USB charger
* Charging cable

**Camp Kitchen**

* Camp stove
* Gas for camp stove
* Spork
* Folding knife
* Cooking pot(s)
* Coffee press / V60
* Bowl
* Mug
* Lighter / matches
* Water filter
* Water purification tablets
* Water bottle
* Sponge / cleaning towel
* Multi-use soap

**Navigation**

* Map
* Compass
* Waterproof map case

**Health and safety**

* Toilet paper
* Wet wipes
* Multi-use soap
* Antibacterial gel
* Toothbrush
* Toothpaste
* Quick dry towel
* Medication
* Shovel
* Sun block
* Bug spray
* First Aid Kit
* Tenacious tape
* Emergency shelter

**Personal items**

* Journal
* Pen
* Book