

Wild Camping Checklist

Pack

- Backpack / rucksack
- Hydration bladder
- Walking poles

Clothes

- Hiking trousers
- Base layer top
- Base layer bottom
- Wicking underwear
- Socks
- Liner socks
- Shorts
- Midlayer / fleece
- Down jacket
- Hat
- Gloves
- Glove liners
- Buff / snood
- Waterproof trousers
- Waterproof jacket
- Gaiters
- Sunglasses

Camping gear

- Tent
- Sleeping mattress / Thermarest
- Sleeping bag

Electronics

- Headlamp
- Tent lamp
- Mobile phone
- Camera
- Selfie stick
- Spare batteries
- USB charger
- Charging cable

Camp Kitchen

- Camp stove
- Gas for camp stove
- Spork
- Folding knife
- Cooking pot(s)
- Coffee press / V60
- Bowl
- Mug
- Lighter / matches
- Water filter
- Water purification tablets
- Water bottle
- Sponge / cleaning towel
- Multi-use soap

Navigation

- Map
- Compass
- Waterproof map case

Health and safety

- Toilet paper
- Wet wipes
- Multi-use soap
- Antibacterial gel
- Toothbrush
- Toothpaste
- Quick dry towel
- Medication
- Shovel
- Sun block
- Bug spray
- First Aid Kit
- Tenacious tape
- Emergency shelter

Personal items

- Journal
- Pen
- Book

